

Integrity means choosing to be truthful in whatever you say and do.

WEEK
2
K-1ST

Read Matthew 5:8



DAY
1

Build Something Strong

Grab some stackable materials. Start stacking one item right on top of the other and see how tall you can get the tower before it falls over. After it falls, start again. But this time create a stronger foundation by putting more blocks on the bottom and working your way up. Just like building a strong foundation for your tower, always speaking the truth sets a good foundation for your relationships with friends and family!

Know that when you build your life on truth you will have stronger relationships with God and those around you.

DAY
2

You Are Forgiven!

Did you know that you can talk to God about anything? Even when we have done something wrong we can ask God to forgive us! If you say something unkind to a friend or if you cheat in a game you can ask God to forgive you. He will always forgive you! Today, think about things that you can tell God. Write them down so you can remember them for tomorrow's activity.

Look for times in your life that you need to talk to God.

DAY
3

The Good, The Bad, The Ugly

Yesterday, you wrote a list of things that you can talk to God about. Go grab that list. Talk to God about some of the things on that list. Choose one from each of these categories: Good (something good happening in your life), Bad (something that you need help with), Ugly (a time that you may have hurt someone's feelings by lying or being unkind.) Pray something like this filling in the blanks with what's on your list:

"Dear God, Thank you so much for (the good). Help me (the bad). And God, please forgive me for (the ugly). Thank you for loving me and forgiving me no matter what. I love you, amen."

Thank God for always forgiving you.

DAY
4

Heart Eyes!

Look up this week's verse, Matthew 5:8. Read it a few times and then grab some paper, scissors, something to write with, and glue or tape.

Create some heart glasses. Cut two heart shapes out of paper to use as the glasses part and three strips to create the nose bridge and the arms of the glasses. Glue or tape all pieces together. Say the verse with your new glasses on! Use these glasses to remind you that those who are pure in heart will see God!

Look for ways that you can see God.

Being truthful with God keeps you close to Him.

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