



COMMUNION PARENT CONVERSATION GUIDE

As we celebrate Good Friday and Easter in our homes during this unique season, North Way Kids offers this resource if you are planning to do family communion. This act of worship gives kids who have decided to follow Jesus a special opportunity to remember and give thanks for what He has done for all of us. If you feel that your child is ready to receive communion with you, we hope that this tool helps in explaining its basic meaning and significance. It is an honor to partner with you and your family!

WHAT TO SAY

- During Passover (a festival the Jewish people celebrated to remember how God freed the Israelites from Egypt - Exodus 12:1-14), Jesus and His friends sat down to dinner together for Jesus' last supper before He was betrayed and arrested. That's why it's called The Last Supper.
- Now, during The Last Supper while they were eating, Jesus took some bread and blessed it. He broke it into pieces and gave it to the disciples. He said, "Take this and eat, for this is my body."
- Then He took the cup and gave thanks to God. He gave it to them and said, "Each of you drink from it, for this is my blood, which confirms the promise between God and His people. It is poured out as a sacrifice to forgive the sins of many."
- Jesus wants to be our friend. He gave His life on the cross for each and every one of us. He did this so we could experience the fullness of His love, receive His forgiveness of our sins, and so we could be His friend forever (John 3:16-17, Romans 5:8)!
- When we have chosen to trust God and believe that He sent Jesus to do just that, we can be His friend forever (Romans 10:9). When we join in and do communion together, it is to remember all that Jesus has done for us.

WHAT WE DO

- During communion, you will get a piece of bread and a little bit of juice. These are similar to what Jesus used with the disciples.
- When we eat the bread, we remember that Jesus' body was broken for our sins.
- When we drink the juice, we remember the promise that we can be set free from all sin through Jesus' shed blood.
- We take a moment to be quiet and think about all of our sins - all the things we need to say "I'm sorry" for, and we ask Jesus to forgive us.
- We take a moment to pray and say, "Thank you, Jesus, for your sacrifice. You have set me free to live for You!"

FOLLOW UP QUESTIONS AFTER COMMUNION

1. What did you think about during communion?
2. Did you hear any words that were confusing?
3. What are you curious about relating to this?

TIPS

- Read Matthew 26:26-29, Luke 22:7-20, and 1 Corinthians 11:23-26 to help prepare you for the conversation.
- Don't stress. It's okay if you can't answer every single question. Don't make up answers. Just say that you will look into it.
- Be patient. Kids are kids. There's no pressure for this moment to be perfect.