



**WEEK ONE**

**ROMANS 8:11**

Easter means fear isn't final.

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**WEEK TWO**

**ROMANS 6:23**

Easter means new life is possible.

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**WEEK THREE**

**JOHN 16:7 AND ACTS 1:8**

Easter means you'll never be alone.



**REMEMBER  
THIS:**

"O death, where is your  
victory? O death, where is  
your sting?"

**1 CORINTHIANS 15:55 NLT**



**THINK ABOUT THIS:**

In this phase, teens can be resistant toward fully trusting God, especially when their own thoughts and friends' opinions play a large part, too. Relying on God takes work, but choosing to do so is always rewarding. God can fill your student's heart in ways that no earthly thing can—even Instagram likes. That's why in this series, we're talking about trusting God, which can help students understand that it will bring peace!

 DO THIS:**MORNING TIME**

While teenagers seem too old for Easter baskets, everyone loves a good Easter “basket”—It just might look different in this phase. One morning, instead of a basket, try to hide a few of your kid’s their favorite full-sized candy bars into their backpack before school. Then, as they head off for school, text them some encouragement for the day and let them know about the candy bars you stowed away for them.

**MEAL TIME**

Dinner is a great time to sit down with your teen and casually talk about what’s going on in their lives. This week try mixing up and going out for some drive-thru just so you get some time in the car with them. No matter what’s going on in their stressful world, remind them how God has shown up before and what the outcome has been.

**THEIR TIME**

Between homework, sports, and other activities, your kid’s after-school schedule can fill up quickly. Sometimes the best way to take advantage of free time is to keep it free by helping them out with some of their responsibilities. One day this week, instead of assigning them chores to do when they’re free, pitch in and offer to do some chores next to them as a way to show them you care about their free time.

**BED TIME**

Before bed is a great time to help your kid recognize that the next day is a new start. One night this week, before your teen gets to their room, write out a list of things you hope for their day tomorrow and tape it to their door. Then the next morning, text them that same list as they head to school.